COMING TO
THE TUF TALK
Hear about brainwashing cults and raise funds for urology
with Panorama Journalist John Sweeney

Read about how TUF-funded scholar Mr Peter Cooke helped
STEVE HILL RUN AGAIN

Leading the fight against urology disease
theurologyfoundation.org

UROLOGY AWARENESS MONTH 2015
Hello and welcome to your new look newsletter from TUF – TUF matters. Or, as we like to pronounce it, ‘tough’ matters.

Following the positive feedback when we changed our logo and website, we decided to improve our newsletter so you can keep up-to-date with the work of The Urology Foundation. It gives you a glimpse into some of the things being achieved, thanks to supporters like you, through our investment in crucial research, training and education to make a real difference to people affected by a urological disease.

Inside this issue you’ll read about how TUF-funded surgeon Mr Peter Cooke is using the latest surgical techniques to ensure his patients, like Steve, can get back to their daily life more quickly after surgery. You’ll also hear about the most recent research projects you have helped us to fund and find out about some great ways to fundraise for us.

I do hope you enjoy reading this first edition of TUF matters. If you have a story you would like to include in future issues, or want to tell us what you think of the newsletter, please get in touch. We’d love to hear from you.

With our heartfelt thanks for all your support,

Louise de Winter, Chief Executive

UROLOGY
Awareness
MONTH

In September, The Urology Foundation marked the second Urology Awareness Month

The aim of Urology Awareness Month is to raise the profile of urology in the UK so that more people know the signs and symptoms of urology disease.

SHARE YOUR STORY WITH OTHERS

Have you, or someone you love, suffered from a urology cancer or condition?

We would love to hear from you.

If you are happy to share your story and be featured in our newsletter or as part of a campaign that will raise urology awareness across the country please contact Alastair on abayliss@theurologyfoundation.org or call him on 020 7713 9538.

For the second time, TUF surveyed 1,000 people to understand the public’s knowledge of urology. The results showed that a third of people in the UK do not have any knowledge of what urology is. We also discovered that a large number of people would not turn to a doctor first for help if they suspected they had a urology condition, but to somewhere else, like the Internet or a friend.

Our survey also highlighted how many people were embarrassed to speak about urology. When asked whether they would be embarrassed to tell someone that they were suffering with incontinence, over 50% of our respondents said they would be. This is particularly worrying given that incontinence is estimated to affect 1 in 3 women during the course of their lifetime. It is such a common condition yet so few people are willing to talk about it.

We also have a big age divide when it comes to urology.

While almost three quarters of those aged over 55 said they knew which parts of the body urology covered, less than half of 18-24 year olds said the same. Younger people are also much less worried about their urology health in general, even though urology disease can affect anyone at any age.

When you consider that over 3 in 5 of the people surveyed believe that urology diseases are covered in the media less than conditions that affect other parts of the body, it is vital that we continue to talk about urology.

We hope that raising the profile will make more people understand the importance of being aware of their urology health. Therefore, this year we teamed up with the Numark Pharmacy chain and have distributed urology health leaflets into 2,500 of their stores across the UK.

In addition, TUF-funded scholar and supporter, Consultant Urologist Mr Ken Anson, carried out radio interviews discussing our survey results which were broadcast to over five million people up and down the country.

With each year that passes, we hope to reach out to more and more people. Being aware of our urology health is vital to everyone.
TUF is leading the Fight Against Urology Disease

RESEARCH SCHOLARSHIP GRANTS

In January every year, urology professionals around the country apply to The Urology Foundation for funding so they can undertake vital research. We always receive an incredibly high standard of applications that cover a wide range of urology disease. All of our applications are reviewed by our panel of experts, the Science and Education Committee, who assess each proposal to make sure that everything TUF funds goes straight into the most vital research to help people with urology disease.

In 2015, we are funding five fantastic projects, in the field of incontinence, kidney cancer, penile cancer, and two pieces of research into prostate cancer. Here’s a sample of just a couple of them.

SIMON RODNEY
Detecting lymph node metastases in penile cancer

Penile cancer may be rare, but it is a potentially mutilating and deadly disease that is often ignored when we talk about cancer. In order to treat penile cancer, it is vital to know whether the cancer has spread to the glands in the groin, but currently scans aren’t accurate enough to determine the spread of the cancer.

Mr Simon Rodney and his team at University College London are developing a test to detect the spread of penile cancer. At the moment, people with penile cancer have to have their glands in the groin removed, just to be sure of removing the cancerous cells. This research has the potential to save many men from undergoing unnecessary surgery, and therefore potentially saving them from other conditions, like erectile dysfunction, that are linked to surgery.

ASHWIN SACHDEVA
Establishing the role of DNA Mutations in the development of prostate cancer

Advanced prostate cancer remains incurable and accounts for around 10,000 deaths in the UK each year. Further research is required to understand why prostate cancer develops in the first place.

Mr Ashwin Sachdeva’s aim is to look into mitochondria – the powerhouses of cells – as they are thought to be important in the development and progression of prostate cancer. Ashwin hopes that by understanding mitochondria better, he may be able to identify new ways to treat the disease.

The Science and Education Committee was so impressed by the quality of his proposal that Ashwin’s project was awarded the inaugural TUF medal, a prestigious prize given to the applicant with the best research proposal.

In order that more projects like these can be carried out, TUF needs your help to make sure we have the funds available to invest in this crucial work. You can give to TUF by going to theurologyfoundation.org/donate

TUF also funds smaller projects that seek to improve the treatment people receive when suffering with a urology condition.

DR CATHERINE PATerson is a Prostate Cancer Nurse and Specialist in Cancer Care at the University of Dundee. Her project seeks to help people who are suffering from metastatic prostate cancer – cancer that has spread. She will explore the effectiveness of different types of care when it comes to treating the symptoms, quality of life and psychological outcomes on men with the condition.

DR CHRISTOF KASTNER is a Consultant Urologist at Cambridge University Hospitals. He wants to improve care for people with prostate cancer by developing standards for specialist nurses and complementary carers to create an integrated prostate cancer unit which would give those affected the best care most efficiently.

To do this, he has to liaise with prostate cancer nurses and other medical professionals to make sure the centre would provide an excellent service for people with prostate cancer. If the trial on a small scale in Cambridge is successful, then the plans can be rolled out across the country, meaning that everyone with prostate cancer will have access to the best care for them.

Centres of Robotic Training for better urological treatment

In an exciting new development The Urology Foundation is leading a unique new project – and the first of its type within the NHS – to establish centres of expertise in robotic urological surgery training in the UK. Previously, TUF had funded surgeons to train in centres overseas.

Now, with the establishment of TUF training centres in hospitals in London, Bristol, Newcastle and Canterbury, many more surgeons can be trained in robotic surgery.

This is important because in many cases, robotic surgery gives people better results. In the case of prostate cancer, for example, robotic surgery has been shown to reduce the amount of time a person is affected by incontinence or erectile dysfunction. Robotic surgery is also minimally invasive, meaning less blood loss in the operation, which results in faster recovery times.

Thousands of people have already benefitted from robotic surgery, and through this project, TUF hope that many more will be able to receive the same treatment.

We need your support to fund our next small project application due on the 30 May 2016 of next year.

A donation of £25 to The Urology Foundation could fund an hour of urology research. Visit theurologyfoundation.org/donate today.

TUF Joins Forces with the Fulbright Commission

We are pleased to announce that TUF has teamed up with the prestigious Fulbright Commission to offer a urology professional the chance to pursue research as a TUF Fulbright Scholar in the United States.

TUF has always been committed to improving urology treatment and care through investing in the development of urologists and urology nurses, training the next generation of leaders in the field, thus giving as many people as possible the best chance to get the most advanced urology care.

The successful candidate will undertake research into a urological condition at a US university. The ability to study overseas is vital to the cross fertilisation of ideas and practice, and will enhance our understanding of urology disease.

We believe that it is through the funding of such research that we can ensure people with urology disease will receive the best, most advanced treatments.

If you would like to find out about the opportunities TUF provides to urology professionals to enhance the care and treatment they give visit theurologyfoundation.org
Shortly afterwards, Steve was diagnosed with prostate cancer, something which really took him by surprise. “I was shocked at having prostate cancer because I barely had any symptoms. I had blood in my pee once – that was it. I felt fine otherwise. I went to the GP and had physical examinations, before going to the hospital for scans, so it wasn’t like I didn’t know there might be something wrong, but it’s still shocking to find out that it was prostate cancer.”

Steve needed to have surgery, and originally he was going to have an open prostatectomy – an operation to completely remove the prostate. He decided, however, to seek a second opinion, and this is when he met TUF-funded scholar Mr Peter Cooke at The Royal Wolverhampton NHS Trust.

Mr Cooke received funding from The Urology Foundation in 2012 to train in robotic surgery. He and his team were sent to a centre of excellence in Nashville, Tennessee, where they observed this innovative type of surgery in use – an experience Mr Cooke won’t forget.

Early in 2014, 62 year-old Steve Hill, father and keen runner, noticed that there was some blood in his pee – one of the most common indicators of urology disease.

It was these benefits that convinced Steve that robotic surgery was the way to go.

“I took the option of robotic assisted surgery when Mr Cooke explained the advantages. He said he could do the operation more efficiently using the robot and that I’d probably be on my feet more quickly afterwards. In the end it was just an overnight operation.”

Steve’s operation was so successful that he was up and running again within just four weeks, and he has already run a fundraising 10k, in less than an hour, with all proceeds going to TUF.

“Going to Nashville and learning at one of the best centres in the world was an incredibly inspiring experience for me and my team. TUF provided us with the chance to obtain that insight into how you can apply different ideas to your own environment, and we came back from Nashville a better and more confident team.”

There are lots of benefits to using robotic surgery above traditional open surgery to remove the prostate, as Mr Cooke explains.

“What robotic surgery does is it enables the surgeon to operate on people more effectively. It’s minimally invasive which means we operate for less time, the person we are operating on loses less blood and the success rates are higher with fewer side effects. With robotic surgery, I can now tell them that I’ll probably be able to keep them sexually active and that they won’t be incontinent for very long at all, so more people come round to the idea of it.”

It is thanks to the generous support of people like you that TUF was able to train Mr Cooke and his team.

Please help us train more urology professionals in the future theurologyfoundation.org/donate
Transforming Kidney Care through an App

In late 2014, The Urology Foundation awarded a small project grant to Mr Tsong Kwong, a locum Urology Registrar who had an innovative idea.

Tsong was interested in helping people with kidney stones; an intensely painful condition where stone-like lumps develop in one or both of the kidneys, commonly blocking part of the urinary system.

Since receiving the grant, Tsong has been developing an app which could transform the way in which people with kidney stones are treated. The app, called the Urostone Tracker, seeks to give people with urology disease and consultants immediate access to up-to-date information about their kidney stone diagnosis on the individual’s smartphone, massively increasing the efficiency of treatment.

Tsong was inspired to set up the project after seeing how many people suffered with kidney stones repeatedly.

“I identified a problem with how we deal with kidney stones. As some people get kidney stones quite regularly, you want to manage their cases well. What the app does is it enables urologists to upload all of the information you need onto the person’s phone so next time he or she has an episode, they can instantly find the individual’s history.”

Tsong believes there are two main benefits of the app; efficiency, and the long term wellbeing of the person affected.

“When the patient goes into the hospital, they will have all their information with them, on their phone. This means they don’t need to have another imaging scan. That saves money for the hospital, but it’s also good for the person affected, because they avoid the radiation that X-rays provide.

“Also, the app can notify users of future appointments. So, for example, if someone has a stent put in (a small tube to help weak or narrow arteries), it will need to be removed, so the app will remind the patient of their appointment. This means that they will see their doctor regularly and this will improve their future treatment.”

Taking an app from the ideas stage to being used by hospitals across the UK is a long process that Tsong knows all about.

“I have spent a lot of time working on developing the app itself, but I have also needed medical advice.

I know a lot of the science already but it’s good to have multiple heads who can advise me on exactly what they, the urologists, want out of the app, and what they would see as being most useful.”

Armed with the advice of his peers, Tsong is now hoping that the app will be used all across the country.

“Once there are enough urologists recommending the use of the app, it eventually becomes standard procedure in hospitals. That’s why I enlisted the help of kidney stone surgeons because the information on the app has to be of the highest quality for it to be used as a trusted method of communicating with people.

“I believe this app will be really useful. There is always going to be a limit on the administrative side of the NHS and kidney stones is a 24 hour condition. It’s a condition that affects people at all times of day and if the person suffering from the condition can have something with them that gives the doctor an idea of their history without having to wait for X-rays to be transferred, that’s going to mean that the person is treated more quickly, which, when you have kidney stones, is vital.”

Tsong can only see this type of technology becoming more widely used as the years go by.

“The key thing for technology like this is the appetite for it – and that clearly exists – alongside the medical backing. Your phone can now tell you how far you ran and how many calories you lost. This is the same thing, just for a specific condition.”

Tsong believes that without TUF, this kind of project could never have got off the ground.

“TUF’s great advantage is that it is a speciality urology charity. If I had applied for funding anywhere else, this topic would have been seen as too small. Making apps isn’t my day job but I have always been interested in doing something that can make a wider difference on how we treat kidney stones in general. It’s good to know there’s a charity out there to support people like me to help people affected by a urological condition.”

Small projects like these help people with urology disease every day. If you’d like to help us to fund more people like Tsong, visit theurologyfoundation.org/donate.
Mr Ben Eddy, Consultant Urologist at Kent and Canterbury Hospital, led his TUF team of hardy cyclists from the headquarters of the British Association of Urological Surgeons (BAUS) in Lincoln’s Inn Fields, London to the site of the BAUS annual conference 210 miles away in Manchester. The team of fourteen battled against the elements and heavy legs as they completed their journey over three days. They cut through the heart of the country, passing Coventry, Birmingham, Stoke and Stockport before arriving just in time for the signature conference.

Between them, they have raised over £11,000 for The Urology Foundation which could help us to fund a significant research project looking into bladder cancer care.

Such a long bike ride presented Ben and his team with many different challenges.

“On the first day, it was very difficult as we had a lot of rain. Basically as soon as we left Lincoln’s Inn Fields, it began to rain. That was pretty challenging, as you just get so wet and miserable, but I think it inspired a lot of camaraderie and spirit within the group, as we were all in the same boat and we just had to get through it.

“The most important person that day was our van driver, Neil Brown. He came with us on the bike ride we did from Paris to Canterbury for TUF last year, and when it’s raining, it’s great that all your clothes are in your hotel room waiting for you and everything’s been sorted in advance.

“Of course, the next couple of days were much better, as the weather improved. The final stretch between Stoke-on-Trent and Manchester is a lovely cycle as well. We arrived on the Monday lunchtime and went straight to conference!”

Ben has always wanted to give something back to the charity after TUF invested in the development of his department. As a keen cyclist, he could see no better way of raising money at the same time as building camaraderie between colleagues in his profession.

“I’ve always wanted to help TUF after they funded me and my department to train in robotic surgery in the USA – not just me but the nursing staff as well – and that really helped us to start using robots in the UK. So that’s really the reason I’ve been organising the bike rides. Last year, we did Paris to Canterbury, and so this year we lengthened it a bit.”

Despite the rain and the sore legs, Ben is planning to do it all over again for TUF next year, and he’s looking for as many people to get involved as possible.

“This is a good way of getting urologists together and creating links. It’s great fun and we want new people to join us for next year when BAUS is in Liverpool – you don’t have to be a urologist!”

If you would like to join Ben’s team next year, you can email Ben for more information at benaeddy@yahoo.co.uk and you can sign-up at everydayhero.co.uk/event/Bike2BAUS16
A day in the Life
of a Consultant Urologist

NAME:
Mr Ken Anson

PROFESSION:
Consultant Urologist at St George’s Hospital, Tooting, London.

I work in Endourology, which is a speciality of urology which uses minimally invasive procedures to treat kidney stones.

I usually arrive at the hospital around 7.00 am and go straight upstairs to the office to catch up on the administrative side of the job. I have more management work to do than ever, and more things are coming into my remit.

My day ‘proper’ starts with a meeting to discuss the patients across the department, followed by a ward round, and then in the afternoon either theatre or clinic.

The daily, early morning meeting is organised so that we, as a group of urologists who specialise in different fields, can observe all of the X-rays and speak openly about the people that we are treating. This room is about the science – and robust arguments with a bit of banter thrown in.

I think you need an inquiring mind to be a great urologist. An average radiographer can look at an X-ray and say “Yes, there’s a problem with the scan” but a really great urologist can look at the problem and come up with a uniquely accurate assessment, while always considering how the particular problem could be resolved more efficiently in future.

The best urologists are keen on the academic side of things too; they will have read all of the literature to help them.

After the patient meeting, I do my ward round. The government are very keen on consultant-led care, which basically means that every patient in the hospital has to see a consultant on each weekday. So even though I’m not necessarily their consultant, I will go and have a chat with them to see how they are. This part of the job requires a lot of walking around.

My wife made me download an app on my phone which counts how many steps I’m doing. I did 8,000 yesterday.

Then to clinic, which is eye-opening. Today we had 31 people who have kidney stones. Some are follow ups and some are more serious where we have to make decisions about operations.

You get all sorts of people who attend these clinics, but the reason people generally get kidney stones is because of a lack of water consumption. Who doesn’t drink enough water? We get a lot of chefs and delivery drivers in because they do jobs where drinking enough is either difficult or they have no instant access to a toilet so they’re reluctant to drink. Also, there’s a link between kidney stones and people originating from the sub-continent. Some people just get them randomly and there’s nothing you can do about it. We still don’t have an absolute knowledge as to why kidney stones occur.

Kidney stones is the worst pain many of them have ever had. We have women who come in and say that they’ve had three natural birth children and they’d happily go through it all over again compared to having to deal with a kidney stone. Stones can be tiny. They can be just a speck on the X-ray but cause immeasurable amounts of pain. Kidney stones are a life event; people remember with fear the day they had them and they really want you to tell them that they will never get them again.

I find working in this area enlightening. I also love working at St George’s – it has every department you could think of. It is not just the scale of the hospital though, it’s also the variety. You get different kinds of people from one of the most diverse areas of the country and that makes it very interesting.

I was drawn into urology in the first place by inspirational role models. I had some really eminent teachers at medical school and that really got me into the idea of doing this for a living. It is not just the scale of the hospital though, it’s also the variety. You get different kinds of people from one of the most diverse areas of the country and that makes it very interesting.

I was drawn into urology in the first place by inspirational role models. I had some really eminent teachers at medical school and that really got me into the idea of doing this for a living. It is the case for so many people in all walks of life – inspiration is crucial. Then when I started out I worked with a lot of guys who were war veterans, and that was really positive for me. I felt like I was giving something back to them.
One of the ways SUI is currently treated is by using mesh devices. These are implanted to strengthen the muscles and reduce leakage. But there are downsides – they can cause chronic pain to the people who need them.

Christopher, based at the Kroto Research Institute at the University of Sheffield, is looking into developing treatments that are less uncomfortable for people with incontinence. He is aiming to develop softer elastic materials that work more effectively within the body. That means material that doesn’t cause inflammation. No inflammation means less pain and all round more comfortable treatment for the person with incontinence.

“It think what is really good for the progress of urology is that TUF fund research into all urology conditions, not just cancer. Having a designated grant for diseases like this that are not always spoken about that widely is valuable.”

Getting involved in research has always been one of Christopher’s main interests, and was indeed one of the things that inspired him to get involved with urology in the first place.

“I have always wanted to do surgery. I was never sure exactly which area I wanted to go into, but when I met urologists and worked with them they were incredibly nice and welcoming. There is a lot of breadth to urology and a big focus on research, which is something I have always been particularly interested in.”

It has always been the people who suffer from SUI, however, who have always been at the forefront of Christopher’s mind.

“It is incredibly common, affecting an estimated 30% of women over the age of 40, and treating it is incredibly expensive for the NHS, costing over £250m in 2014.

A donation of just £25 can fund an hour of research so that people like Christopher can find better ways of treating incontinence. Go to theurologyfoundation.org/donate
Spotlight on Fundraising and Ways to Get Involved

TUF Heroes Thank You!

Urology nurse and blogger, Caroline Gower, completed the Brighton Marathon in April and raised an amazing £336.

Terry Keen, grandfather-of-ten and cyclist enthusiast rode the South Downs Double – a 200 mile round trip with ascents up to 7,620. He raised £550.

As you will have read, following the success of the Paris to Canterbury last year, urology consultant Ben Eddy persuaded 13 fellow urologists and patients to ride 210 miles from London to the annual British Association of Urological Surgeons (BAUS) in Manchester from the 13-15 June. Together they raised an impressive £11,248.

Steve Hill ran the Evesham 10k following his treatment of prostate cancer by TUF-funded surgeon Mr Peter Cooke. A keen runner, Steve was eager to get back into his stride following his radical prostatectomy in April this year. He set himself three targets for the 10k – to finish, to complete it within an hour and to have 9 minute mile pace or under. He beat all three and raised money for TUF.

On the 2 August, eight cyclists joined Team TUF for the Prudential RideLondon-Surrey 100. Together they raised over £3,000. A massive thank you to Mark and Robert Speakman, Sandra Fey, Peter Rimington, Roland Morley, Dean and Kim Mason and Chris Blick.

Ride for Research
2016 Prudential RideLondon-Surrey 100
Channel your inner Bradley Wiggins as you take part in the now iconic ‘festival of cycling’ with 25,000 fellow cyclists and cover the 100 mile route from the London 2012 Olympics. We have places in the TUF cycling team for 2016, so sign-up today by emailing Sayara on sayara@theurologyfoundation.org

Take on a TUF Challenge
We have limited places in a number of running and obstacle events around the country in 2016, including the Manchester Marathon and the Mudnificent 7. Get in touch today if you’re interested in taking on a TUF Challenge and we can update you with our latest challenges.

The Great Big TUF Dinner of the Year
This November fight urology disease from your kitchen. Don your apron, get out the good wine glasses and throw a dinner party to raise money for The Urology Foundation. Whether you fancy rustling up a tried and tested lasagne or turning your hand to something new we want you to host supper and encourage guests to pay for what they think it’s worth. For your guide to hosting your own TUF Dinner email Sayara on sayara@theurologyfoundation.org

Get TUF on your Wardrobe
Do you have any unwanted clothes or shoes? With Clothes for Charity it is simple for you to donate your unwanted items and in turn help TUF. Just visit clothesforcharity.org.uk and search for The Urology Foundation to find out more.

Make a Regular Gift
Giving a monthly donation either by standing order or through your payroll will help us plan ahead and allow us to invest in key urology research and training programmes.

Get TUF on your Christmas Cheer
This year why not send your loved ones festive greetings with The Urology Foundation cards. We have partnered with 4C For Charity to offer you a wide range of Christmas designs as well as greeting cards throughout the year. Visit www.charitycards.org and select The Urology Foundation cards. We have partnered with 4C For Charity to offer you a wide range of Christmas designs as well as greeting cards throughout the year. Visit www.charitycards.org and select The Urology Foundation cards. We have partnered with 4C For Charity to offer you a wide range of Christmas designs as well as greeting cards throughout the year. Visit www.charitycards.org and select The Urology Foundation cards. We have partnered with 4C For Charity to offer you a wide range of Christmas designs as well as greeting cards throughout the year. Visit www.charitycards.org and select The Urology Foundation cards.

Get TUF On Your Everyday Shopping
Raise free donations for us with the new Sainsbury’s Everyday Shopping Card.

The Everyday Shopping Card is a great, free way to support us when you do your weekly shop. You can upload up to £1,000 and Sainsbury’s will donate 4% to us - FREE. You can then shop instore using the prepaid card. Visit www.raisewithsainsburys.com/charity/urologyfoundation to order your shopping card today.

Introducting a New Way to Give
Raise free donations for us with the new Sainsbury’s Everyday Shopping Card.

Good Luck
Cycle India

On the 19 November 40 intrepid cyclists, including TUF Chief Executive Louise, will be starting a gruelling 500km cycle challenge across rural Rajasthan, India. Over the week they will ride through the heat and the dust from the Taj Mahal through local villages and finish at the Pink City of Jaipur with the aim of raising over £200,000 for The Urology Foundation.

Wishing you all the very best of luck on this exciting challenge!
Here are a few of the questions we’ve been asked in the last few months.

If you have any questions that you would like answered, or indeed if you would like to provide us with any comments about something you’ve read or something we’ve done, we’d love to hear from you.

I’d love to do some fundraising for TUF, but sporting events aren’t my cup of tea. What else could I do?

You don’t need to be a keen runner or cyclist to raise money for us. Organising an afternoon TUF tea or a pub quiz are great ways to fundraise and have fun too. This November you could organise your very own Great Big Dinner of the Year and fight urology disease from your kitchen. Invite friends for a dinner party and ask them to make a donation to TUF for what they would normally pay for a meal out.

For more information about the Great Big Dinner of the Year and other fundraising ideas email fundraising@theurologyfoundation.org

How can I make a regular donation to The Foundation?

Thank you. Regular gifts to the charity help us fund our forward plan and enable us to commit to future research and training. To make a regular donation you can either set-up a standing order with your bank using the enclosed form or visit theurologyfoundation.org/donate and select your preferred donation frequency. A gift from as little as £6 a month can make a massive difference in the fight against urology disease. If you are eligible don’t forget to make a Gift Aid declaration too!

I work in urology, are there any ways I can help TUF?

We are always in need of urology professionals who would be able to review TUF publications regarding urology conditions. We want to make sure the information we provide either on our website or in leaflets is correct.

If you would like to find out more about being part of our Urology Advisory panel contact Alastair onabayliss@theurologyfoundation.org

Can you read The Urology Foundation Newsletter online?

Yes, as soon as the newsletter arrives on your door mat the online version of the newsletter can be found at theurologyfoundation.org

You can also request an email newsletter to come straight to your inbox. Simply let us know your preferred email address and we’ll do the rest.

Are you planning to fundraise for The Urology Foundation?

Or do you want more information on how to support our work?

We would love to hear from you. Contact Sayara on sayara@theurologyfoundation.org or give her a call on 020 7713 9538 – she would be happy to help.

Email us on info@theurologyfoundation.org
leaving a TUF Legacy

By remembering The Urology Foundation in your will you can be part of future urology research and training, helping millions of people suffering from a urology condition.

TUF has always been funded by the generosity of people like you. With a gift in your will, no matter how big or small, you can help us continue our vital work so that fewer lives will be devastated by urology disease in the years ahead.

Thank You
We’re making great progress every day as a result of our investment into urology research, training and education.

Your support enables us to keep our work going and improving treatment for the people affected by a urological condition or disease who need it most. This work would simply not be able to happen without you.

Further information
If you would like any further information, or indeed would like to host a fundraiser for The Urology Foundation, please call:

Sayara Muthuveloe: 020 7713 9538
Fundraising Manager

Serena Wyman: 01449 737 971
Events Manager