

What is your risk of prostate cancer?

The prostate gland is the size of a walnut and found at the base of the bladder in men. Its main job is to make semen. With age the prostate gets bigger putting pressure on the bladder and affecting how a man passes urine. This could be a sign of an enlarged prostate or cancer.

Risk Factors



50 and above
It mainly affects men over 50 and the risk increases with age



Body Weight
Research suggests that men who are overweight are at risk of a more aggressive or advanced form of the cancer



Family History

If someone in your family has had prostate or breast cancer it might increase your risk and it is important to tell your GP

Affecting 1 in 8 men
In the UK prostate cancer is the most common cancer for men, and **more common in black men with 1 in 4** diagnosed with the disease



See your GP if you have

- ➡ Difficulty passing urine
- ➡ The sudden urge to pee
- ➡ An inability to completely empty your bladder
- ➡ A need to pee more frequently, especially at night
- ➡ Blood in pee or semen

These symptoms can also be caused by other things that aren't prostate cancer, but it is a good idea to get it checked out so you can get the right treatment if you need it.

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The Urology Foundation is a medical charity (no.1128683) working to improve the lives of people with a cancer or condition of the kidneys, bladder or male reproductive organs. We fund research, training and education into all urological conditions and diseases including urinary incontinence and cancers.

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