Getting my life back after bladder leakage

"When I first experienced bladder leakage I couldn't imagine life getting back to normal. I couldn't go out as I once had, it affected my relationship and I lost my confidence. I didn't feel like me. But with the support of my continence nurse I got the help I needed. I'm back to my old self and living well."

If you experience bladder leakage or other urinary symptoms, help is available.

Act now.

Speak to your healthcare professional.

THE UROLOGY FOUNDATION

UROLOGY Awareness MONTH 2025 | BLADDER LEAKAGE Time to Act

www.theurologyfoundation.org/impact-achievements/campaigns/urology-awareness-month-2025/

*Photo posed by model