

Report Post EAUN25

I, Ms Josephine Darkoh, Urology Clinical Nurse Specialist (CNS), of Chelsea and Westminster NHS Foundation Trust, had the privilege of attending the 25th International Meeting of the European Association of Urology Nurses (EAUN25), held in Madrid from March 22-24, 2025. This conference provided a unique opportunity to engage with leading experts in urology nursing, gain valuable insights into the latest advancements in patient care, and enhance my clinical skills. I am grateful for the funding provided by The Urology Foundation (TUF), which made my attendance possible.



The primary motivation for attending EAUN25 was to advance my professional development as a Urology Clinical Nurse Specialist. The conference featured a comprehensive academic programme designed to address the evolving challenges and innovations in urology nursing. Attending allowed me to stay updated with best practices, gain exposure to new research, and network with international colleagues to exchange knowledge and experiences.

The academic programme at EAUN25 was instrumental in expanding my expertise in urology nursing. The plenary sessions covered crucial topics such as integrative oncology, innovative surgical techniques, and advancements in continence management. Particularly, I found sessions on outpatient laser ablation of bladder tumours and minimally invasive procedures for BPH highly relevant to my role. The European School of Urology (ESU) courses provided in-depth training on managing benign prostatic hyperplasia and stress urinary incontinence, both of which are critical areas in my clinical practice. Additionally, hands-on workshops allowed me to refine my technical skills and gain practical experience with new equipment and methodologies.



Attending EAUN25 provided valuable knowledge and skills that will directly benefit my department. By integrating the latest evidence-based practices into our protocols, we can enhance the quality of care provided to our urology patients. The insights gained from lectures on patient-centred care and technological innovations in urological nursing will help streamline workflows, reduce complications, and improve patient outcomes. Furthermore, the networking opportunities facilitated potential collaborations with other healthcare institutions, allowing us to share best practices and implement new strategies for continuous improvement.

The knowledge acquired at EAUN25 will significantly contribute to improving patient care within our urology department. The emphasis on minimally invasive procedures and enhanced recovery pathways aligns with the goal of reducing hospital stays and promoting faster

recovery times. Learning about new treatment modalities for urinary incontinence, bladder cancer, and kidney disease enables me to offer patients the most up-to-date options available. Additionally, workshops on patient communication and holistic care approaches will enhance my ability to provide compassionate and individualized care, ultimately leading to better patient satisfaction and outcomes.

I would like to express my sincere gratitude to The Urology Foundation (TUF) and The Charles Reynolds Foundation (CJ Medical) for their generous funding, which made it possible for me to attend this invaluable conference. Their support has not only benefited my professional growth but has also empowered me to bring back crucial knowledge and skills that will enhance patient care and improve urological nursing practices within my department.

Attending the EAUN25 conference was an enriching experience that has contributed immensely to my professional development, my department, and most importantly, the quality of care we provide to urology patients. The insights and skills gained will be instrumental in shaping future practices and ensuring that we continue to deliver high-quality, evidence-based care in urology nursing.