Bake4TUF!

Oatmeal banana dog biscuits

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By: Heather

Preparation time: 25 minutes
Cooking time: 25 minutes

Ingredients

2½ cups whole wheat flour

1 cup rolled oats

⅓ cup olive oil or melted virgin, cold-pressed coconut oil

1⅓ cups very ripe bananas, mashed (approximately 3 bananas)

1½ teaspoons cinnamon

4-5 tablespoons water

Method

1. Preheat oven to 325 degrees F.
2. In a large bowl stir together all ingredients except water. Slowly stir in water, one tablespoon at a time, until the dough becomes stiff enough to handle.
3. On a lightly floured surface, roll out dough until approximately ½-inch thick. Using cookie cutters or a drinking glass, cut dough into desired shapes.
4. Bake biscuits at 325 degrees F for 25-35 minutes or until hard and golden brown. Cool biscuits completely on a wire rack. Once cooled, store biscuits in an air tight container for up to 2 weeks.